



**Here are the highlights on how it impacts the Trail Blazers:**

- All championships will be conducted in the Spring 2021 semester, primarily moving men's soccer, women's soccer, and volleyball from the Fall semester.
- Men's and women's basketball will start their official seasons in January 2021.
- Each program will have a 60 day window in the Fall semester to train and practice – including limited scrimmage dates. The window provides additional flexibility among institutions and programs.

**Program specific details:**

**Men's/Women's Soccer:**

**Fall Practice Season**

- Permitted 60 consecutive calendar days for practice and scrimmages within August 15, 2020 - November 15, 2020.
- Allowed four (4) scrimmage dates in total for the year, with a maximum of two (2) scrimmages allowed in the spring. Each scrimmage limited to no more than two outside opponents.

**Spring Championship Season**

- Practice will be permitted to begin starting March 15, 2021.
- Competition will be permitted to begin starting April 2, 2021.
- Maximum of 14 games.
- All regular season, region, and district competition completed by May 24, 2021.
- NJCAA Men's Soccer Championships June 5<sup>th</sup> – 10<sup>th</sup>, 2021 (Wichita, KS)
- NJCAA Women's Soccer Championships June 3 – 8<sup>th</sup>, 2021 (Peachtree, GA)

**Women's Volleyball:**

**Fall Practice Season**

- Permitted 60 consecutive calendar days for practice and scrimmages within August 15, 2020 - November 15, 2020.
- Allowed five (5) scrimmage dates in total for the year, with a maximum of two (2) scrimmage dates allowed in the spring. Each scrimmage limited to no more than two outside opponents.

**Spring Championship Season**

- Practice will be permitted to begin starting January 11, 2021.
- Competition will be permitted to begin starting January 29, 2021.
- Maximum of 21 competition dates.
- All regular season, region, and district competition completed by April 3, 2021.
- NJCAA Volleyball Championships held April 13-15, 2021. (Cedar Rapids, IA)

## **Men's/Women's Basketball**

### **Fall Practice Season**

- Permitted 60 consecutive calendar days for practice and scrimmages within September 15, 2020 - December 15, 2020.
- Allowed five (5) scrimmage dates in total for the year, with a maximum of two (2) scrimmage dates allowed in the spring. Each scrimmage limited to no more than two outside opponents.

### **Spring Championship Season**

- Practice will be permitted to begin starting January 11, 2021.
- Competition will be permitted to begin starting January 22, 2021.
- Maximum of 22 games.
- All regular season, region, and district championship competition completed by April 10, 2021.
- NJCAA Men's & Women's Basketball Championships April 20 - 24, 2021 (Danville, IL & Port Huron, MI)

## **Baseball/Softball**

### **Fall Practice Season**

- Permitted 60 consecutive calendar days for practice and scrimmages within September 5, 2020 - November 15, 2020.
- Maximum of 15 scrimmages (baseball) and 7 scrimmage dates (softball) against outside competition.

### **Spring Championship Seasons**

- Unchanged – practice begins January 10<sup>th</sup>, 2021 and competition can begin January 22<sup>nd</sup>.
- Game maximums have not changed – baseball (56) and softball (30 dates).
- Baseball World Series May 29<sup>th</sup> – June 2/3, 2021 (Enid, OK)
- Softball World Series May 25 – 29, 2021 (Oxford, AL)

### **Additional Notes:**

- The Mid West Athletic Conference and Region XXIV will implement additional safety protocols that has been approved by the President's at league institutions.
- John Wood Community College will implement institution-based protocols and guidelines designed to help keep students safe, in competition, and with our facilities in mind.