

The John Wood athletic facilities and staff are committed to the health and safety of our student-athletes, our staffs, and the families that are connected to the Trail Blazers. The goal in the Fall 2020 is to develop individuals, develop teams, and control what we can control to allow us to compete for championships in the Spring of 2021. Thank you for your patience, your understanding, and your willingness to engage as a Trail Blazer.

Facility Usage

NON-TEAM ACTIVITIES

1. Sign up for the room/facility you will work out in – at the time/date you intend on arriving. Each facility has a capacity limit so they **MUST** be signed up prior. Times are available on a weekly basis. Here are the links for each:
 - a. Weight Room: <https://www.signupgenius.com/go/508044aa5aa2fa1fe3-fitness>
 - b. Gymnasium: <https://www.signupgenius.com/go/508044aa5aa2fa1fe3-jwcc>
 - c. Outdoor Athletic Facilities: <https://www.signupgenius.com/go/508044AA5AA2FA1FE3-jwcc1>
2. Complete the Daily COVID-19 Sign in sheet the **day of** your assigned time:
<https://machform.jwcc.edu/view.php?id=108258>
3. When you arrive, you will need to be checked in which includes: confirming your sign up time, confirm the Daily screen has been completed, and then have a temperature check.

If you arrive without signing up, you risk having to reschedule and leave the facility.

TEAM WORKOUTS

Team workouts have been set by the individual programs and staff. Only members of that program are allowed in the scheduled area at that scheduled time. There is no need to individually sign up for a team slot. The Daily COVID-19 sign up form is required. Contact your coach for that schedule.

LOCKER ROOM

All locker rooms are available for daily use only. No team reserved spaces for the time being. Only student-athletes will have access to the downstairs locker rooms and all staff/faculty/students will have access to upstairs spaces. Locker rooms will not be locked during the day and not to be used for meetings or group discussions. Game days may require an adjustment. If you would like to check out a lock to use while you workout or practice, those will be available at the screening station. You will be asked to leave an ID as collateral – then return the lock once you leave the premises.

‘SHARED’ SPACE

Be aware of social distancing while not training/practicing. There should be limited time in athletic facilities that isn't directly tied to athletic performance training.

MASK REQUIREMENT

Please have a mask with you at all times. Once you clear the screening station, you may remove your mask while training and working out. If you are in the facility without any athletic contact, you must wear a mask and maintain social distancing. Failure to do so may result in losing facility privileges.

CLEANING/SANITIZING PROTOCOL

Please use hand sanitizer and clean your hands regularly while in the athletic facilities. After each equipment use, sanitize thoroughly.

All of this is subject to change throughout the course of the semester. Our focus remains on health, safety, player and team development, and student-athlete experience. We will adjust if we can improve that focus.